

LEVEL UP YOUR CYBERSECURITY



Getting information off of the internet is like drinking water from a fire hydrant - you often get more than you bargained for.



That is why it is so important to be savvy when it comes to cybersecurity and be aware of the digital as well as the physical risks.



Personal

Keep your personal information personal. Things like your ID number or health information shouldn't be shared online.

Keep your software and antivirus up to date - even on your mobile devices.

Don't overshare on social media - this can give the cybercriminals an inside look into your life.

Learn safely online by ensuring good password practices and secure browsing.



If in doubt, throw it out!

Texts, social media messages or emails may come with attachments or links that are tempting to click on or open. These are tactics used by cybercriminals to get you to provide details or install malicious software on your devices.

Don't click on links or open attachments that you weren't expecting. Rather check with the legitimate sender first to see if it is really from them. Report the message if it is suspicious.



Privacy

Manage your privacy settings to maximise your security and make sure you check them frequently.

Make sure your password is strong - consider a passphrase (a line from your favourite song or joke).

Never share your login details with anyone.



Networking

If you wouldn't print it on a t-shirt, don't post it on social media. Even if you delete it, chances are it is still online.

Know and manage your friends - do not accept random requests.

If you are being harassed on social media, report the person (to the platform), block them, and remove them from your contacts or friend lists.



Cybercrime is very real - Do Your Part - Be Security Smart!